

GET A GAME PLAN



**Governor's Office
of
Homeland Security
and
Emergency Preparedness**



Governor's Office



Considering the many storms that have hit our state in recent years, along with other tropical storms that have often threatened our state during storm season, every Louisianian can attest to the critical importance of being prepared for hurricanes and other natural threats.

As the parents of three young children, we know it is important for every person – no matter their age – to take the time to “Get a Game Plan” and prepare before disaster strikes.

It is our hope that the students of Louisiana, armed with information from this educational booklet, are able to have an important conversation with their parents and loved ones about their personal Game Plan in the event of an emergency.

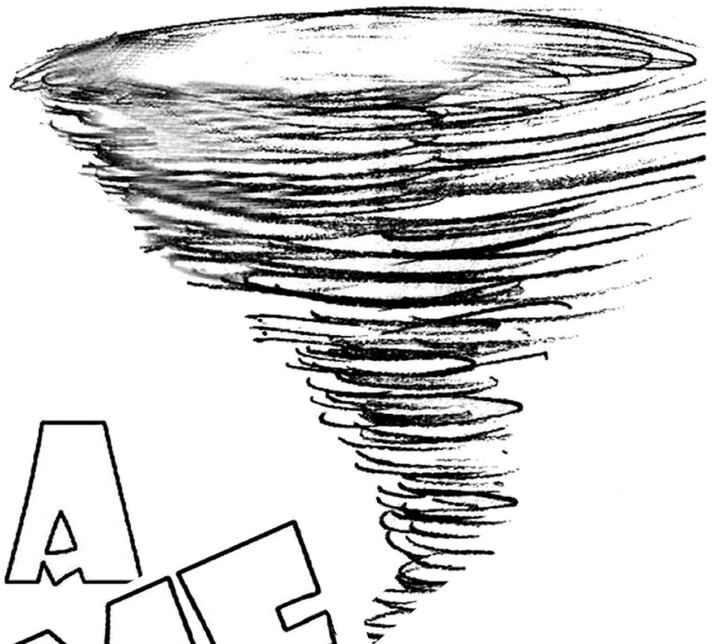
While we pray for the best, we also should do what we can to prepare in advance. That’s why we urge every Louisianian to plan ahead in order to protect their family and loved ones this storm season and beyond. For more information, please visit www.getagameplan.org and remember to Get-a-Game-Plan today!

From our Family to Yours,

Governor and Mrs. Bobby Jindal

Governor and Mrs. Bobby Jindal

Hi, I am Get-a-Game-Plan Gator! On behalf of the Governor's Office of Homeland Security and Emergency Preparedness, I am here to help you prepare for emergencies!



GET A GAME PLAN FOR ALL HAZARDS!

By Michael Vennett
1st edition 2009



Governor's Office



EDUCATE
to
MITIGATE™



**Get a Game Plan...
for Sports
and for Emergencies!**

Practice your game plan with the whole family!



Win as a Team!

Your game plan requires
team work, team effort
and team fun!







State and local governments provide shelters if you have to evacuate.

I got it!

I got it!

I got it!



Go to GetaGamePlan.org today to find out where the closest shelter is in your area or talk with your family about your evacuation plans.

Be safe -
Leave early!



**Review evacuation routes beforehand, and ensure
that you have an up-to-date road map.**

**Make a list of what
you would take if you
have to evacuate.**



My List

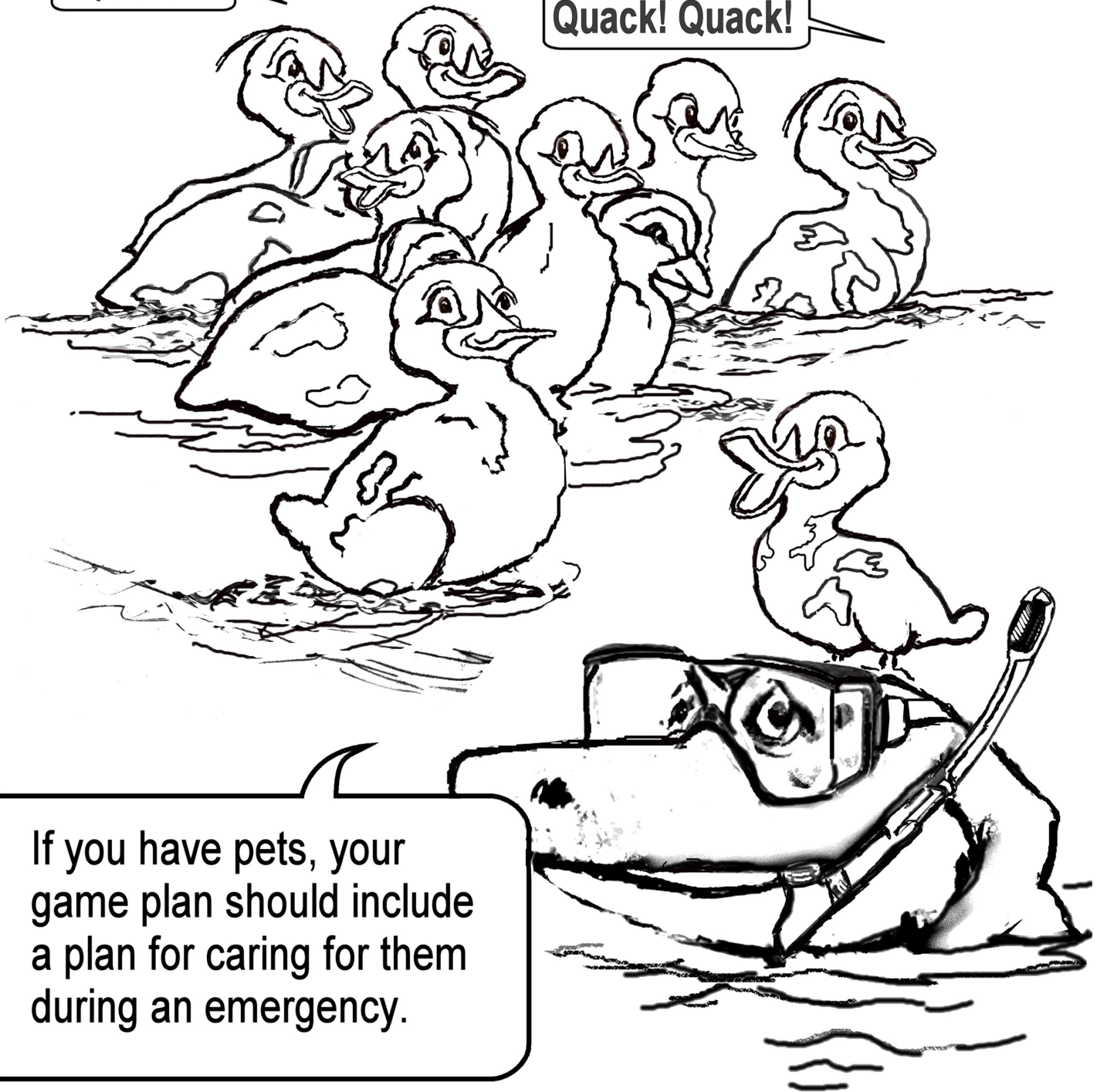
**These are important
to have on hand!**



Three days of food and water
One gallon of water per person per day
Food for infants
Canned fruits and vegetables
Vitamins
Dry cereal
Canned juices
Ready-to-eat canned meats
Dietary and special needs meals

Quack!

Quack! Quack!



If you have pets, your game plan should include a plan for caring for them during an emergency.



Hurricane season begins June 1
and runs through November 30th.



See how many you can find!

GET A GAME PLAN FIND-A-WORD

BATTERIES
COLORING BOOK
EVACUATE
FAMILY DOCUMENTS
FLASHLIGHT
FLOOD
GAME PLAN
GATOR
GENERATOR
HURRICANE
ICE STORM
LIGHTNING
MAP
MITIGATION
PET PLAN
RADIO
SHELTER
SHUTTERS
THUNDERSTORM
TORNADO
WATER
WINDY

G	N	I	N	T	H	G	I	L	I	Y	S	S	E	F	M
M	R	O	T	S	E	C	I	F	G	H	D	T	T	E	I
N	A	L	P	E	M	A	G	F	E	T	E	N	T	I	T
I	D	P	R	P	R	R	G	L	A	A	P	E	I	K	I
H	G	E	N	E	R	A	T	O	R	R	E	M	P	W	G
G	H	N	T	T	O	E	T	O	A	O	S	U	N	D	A
A	E	A	D	P	R	W	N	D	I	A	H	C	E	E	T
T	W	C	O	L	O	R	I	N	G	B	O	O	K	H	I
O	O	I	O	A	E	O	N	O	E	R	G	D	D	D	O
R	O	R	F	N	S	G	G	T	U	L	O	Y	E	C	N
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F	T	H	U	N	D	E	R	S	T	O	R	M	P	A	D
N	L	H	O	W	P	O	E	T	A	U	C	A	V	E	O
O	L	L	T	O	A	O	R	H	R	E	A	F	I	F	O
S	H	U	T	T	E	R	S	S	S	E	F	G	I	L	R

Hurricanes are examples of one type of hazard. A list of ALL Hazards can be found at GetaGamePlan.Org.

Facts about hazards

They can be:



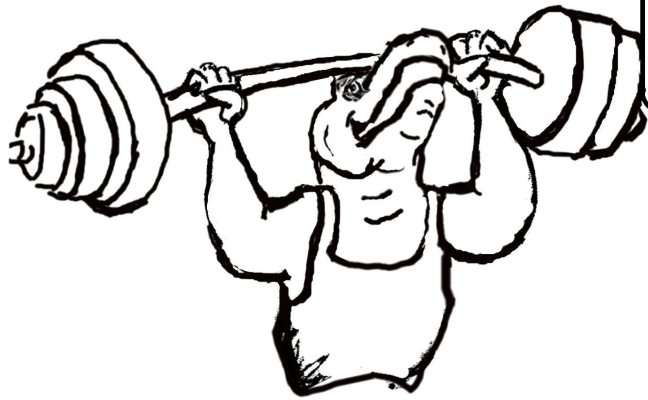
MAN MADE



NATURAL



ACCIDENTAL



My house is in shape with
new shutters to protect the
windows from wind damage.
Now it's your turn!



Mitigation means strengthening your home.
Be prepared before something happens!

Safeguard Family Documents

- Medical Insurance Cards
- Insurance Policies
- Passports
- Birth Certificates
- Social Security Cards
- Bank Account Numbers
- Stocks and Bonds Certificates
- Immunization Records
- Wills
- Marriage License
- Contracts
- Deeds

***Make copies and
secure documents
in a sealed
waterproof bag.***

**What's our
winning plan?**

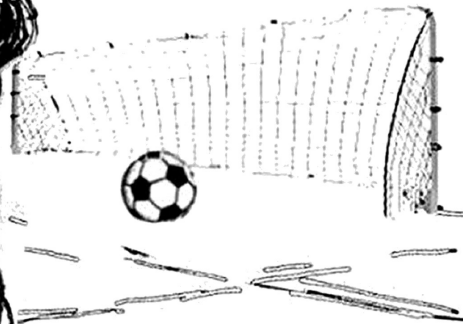




Talk it over before the game.



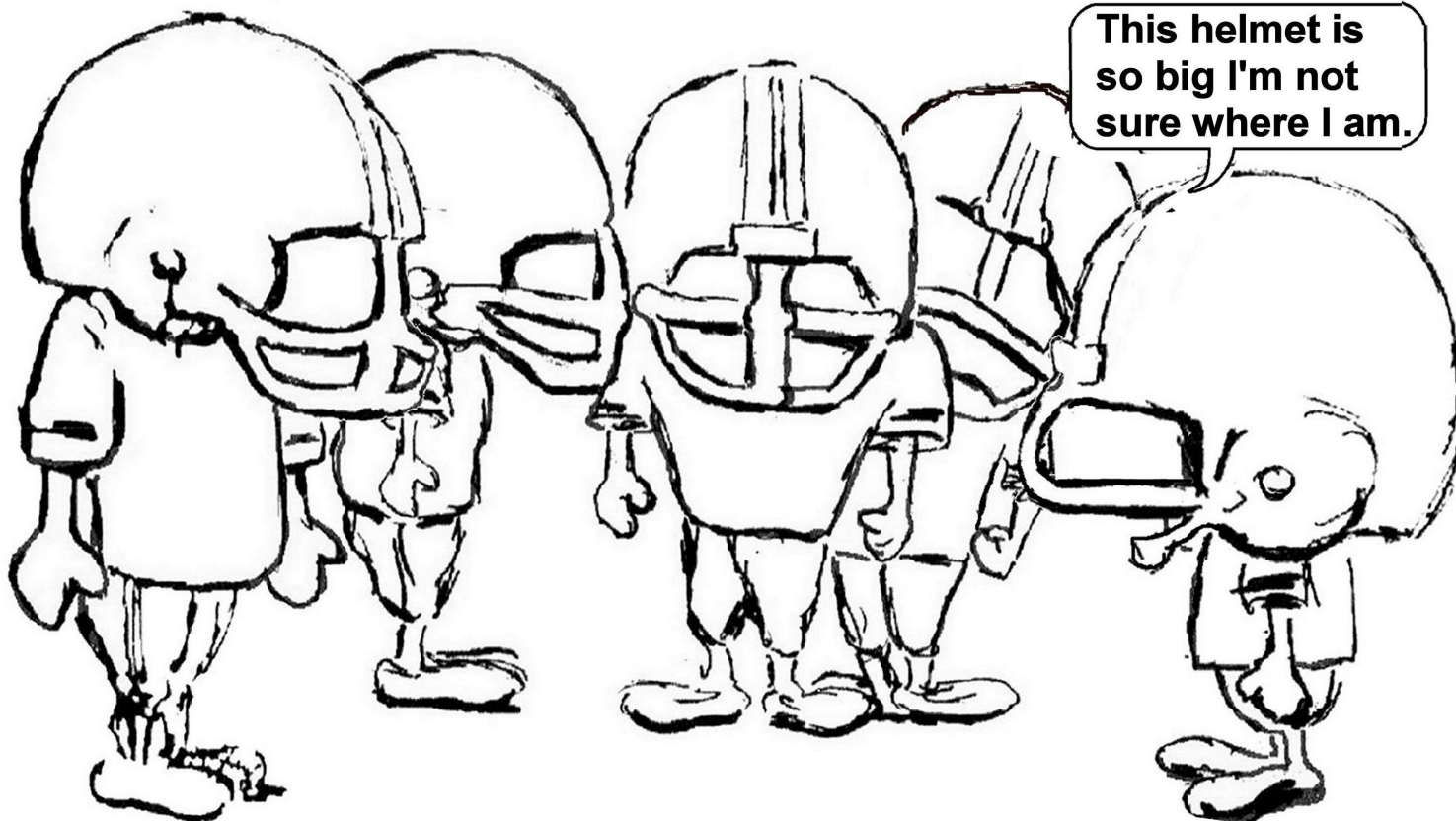
**We need to
work together!**



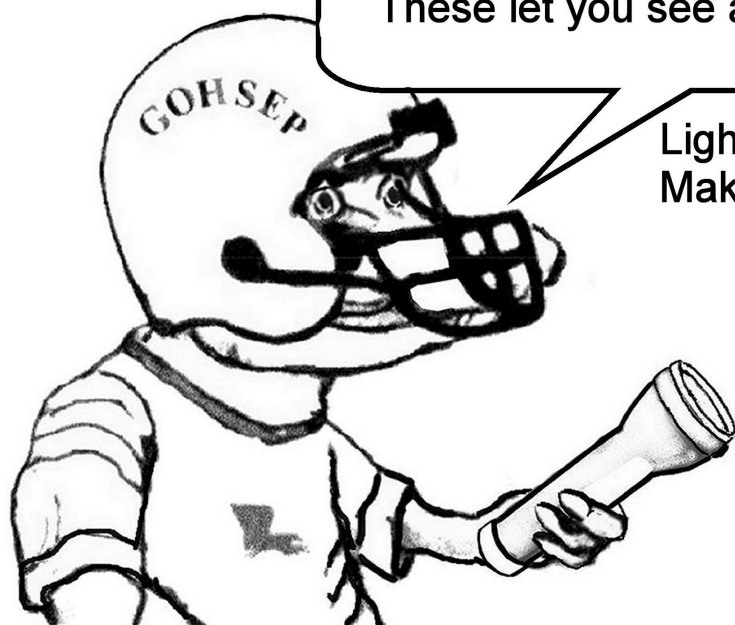
**Winter storms can cause power outages
and put dangerous ice on the roads.**



Where is the football?



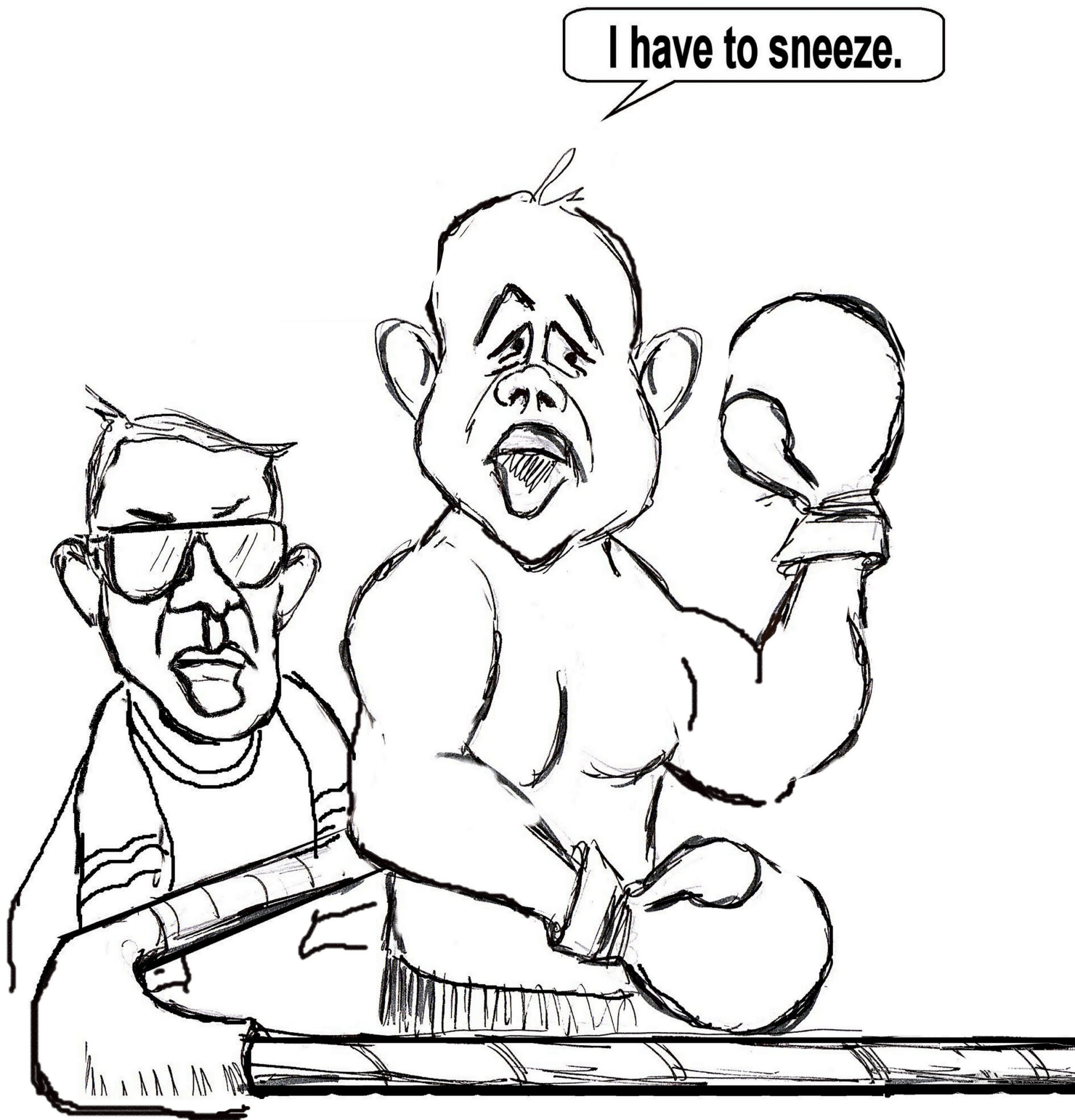
Make sure you have the right equipment.
These let you see and hear what is going on!



Lightning strikes cause electrical outages.
Make sure you have:

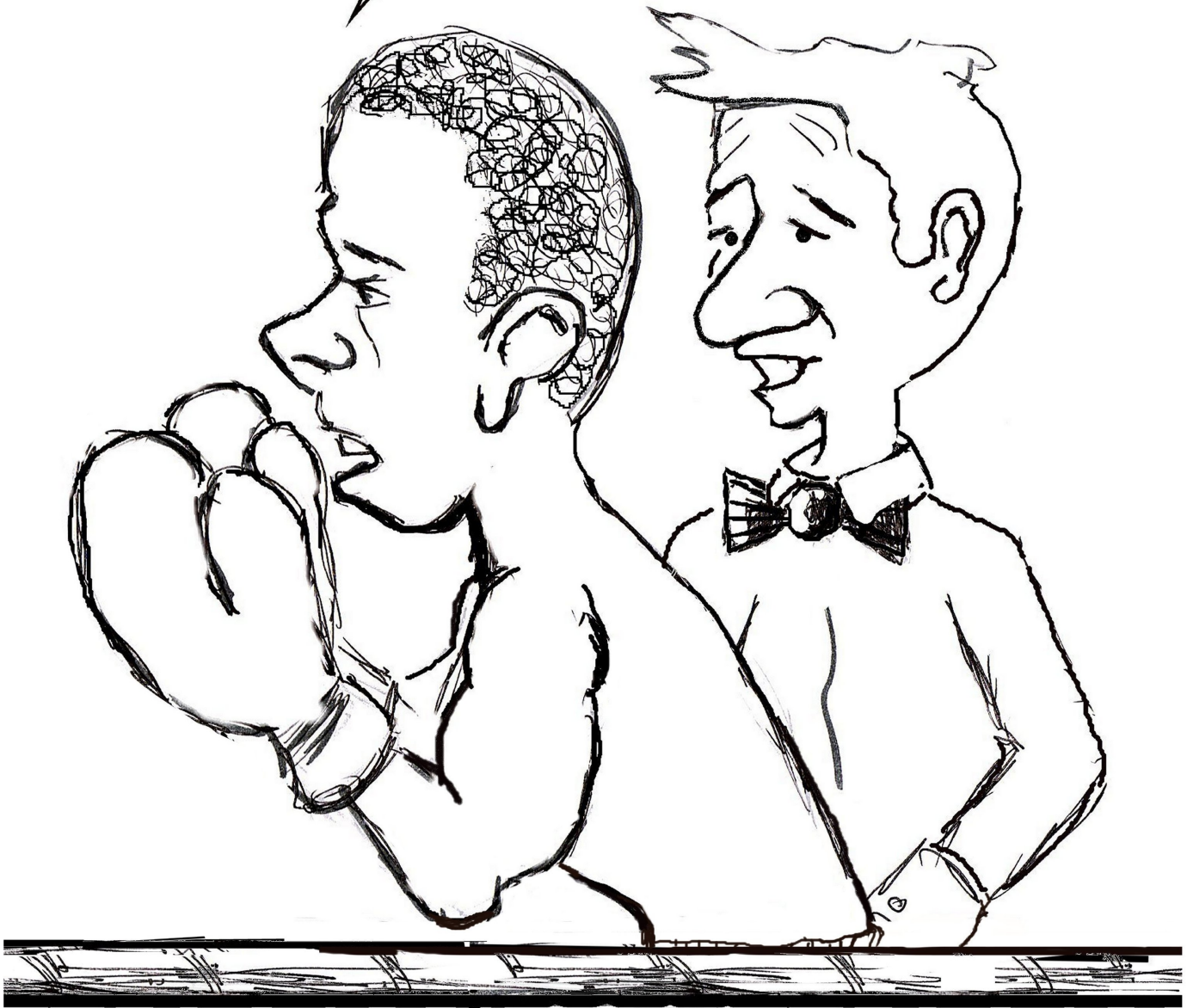
- Flashlights
- Portable radios
- Extra Batteries
- Portable TV





Fight the spread of germs that can cause diseases.

**Make sure you
cover your mouth.**



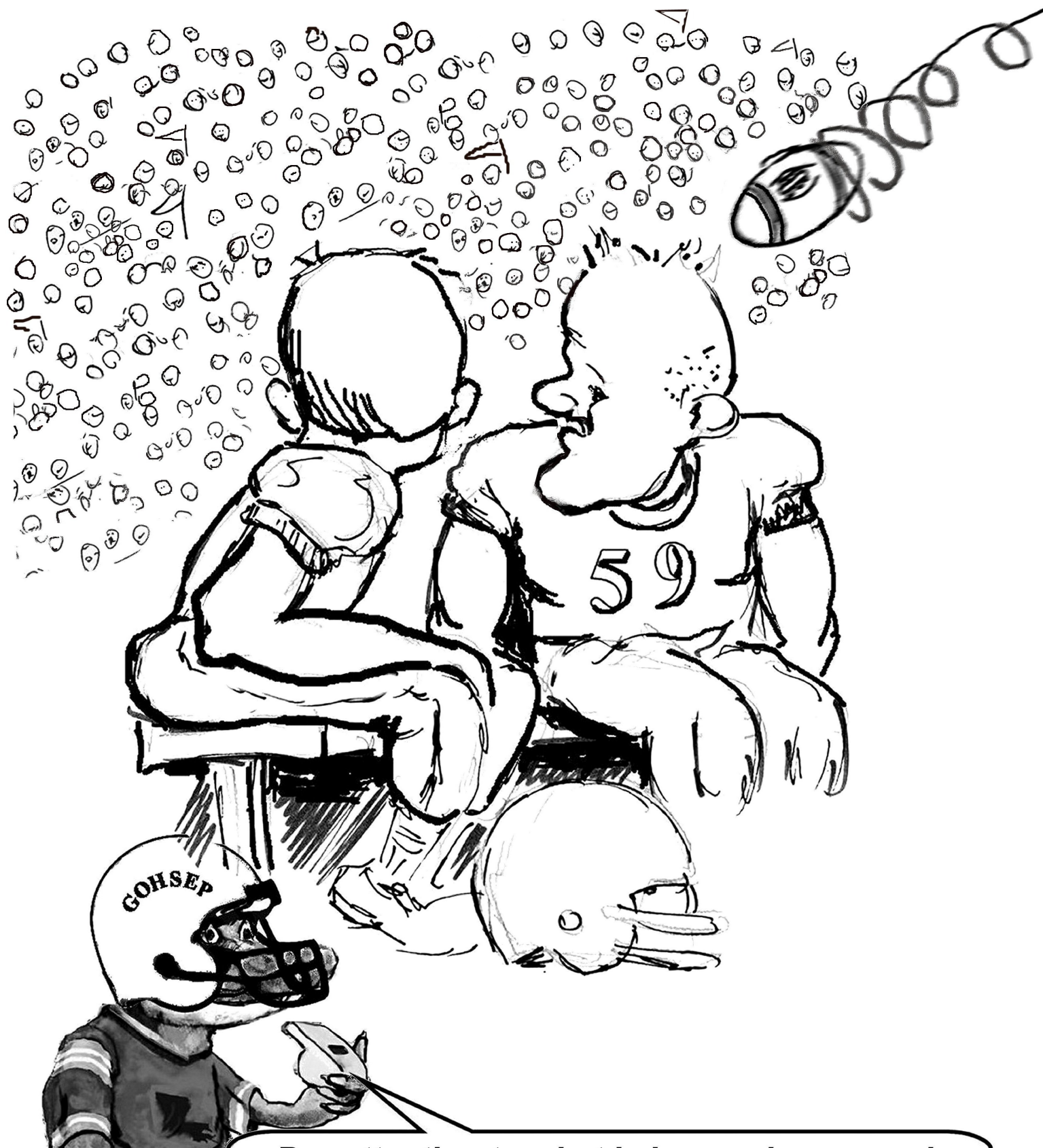
Remember to wash your hands with soap and water.

Stay healthy for peak performance!

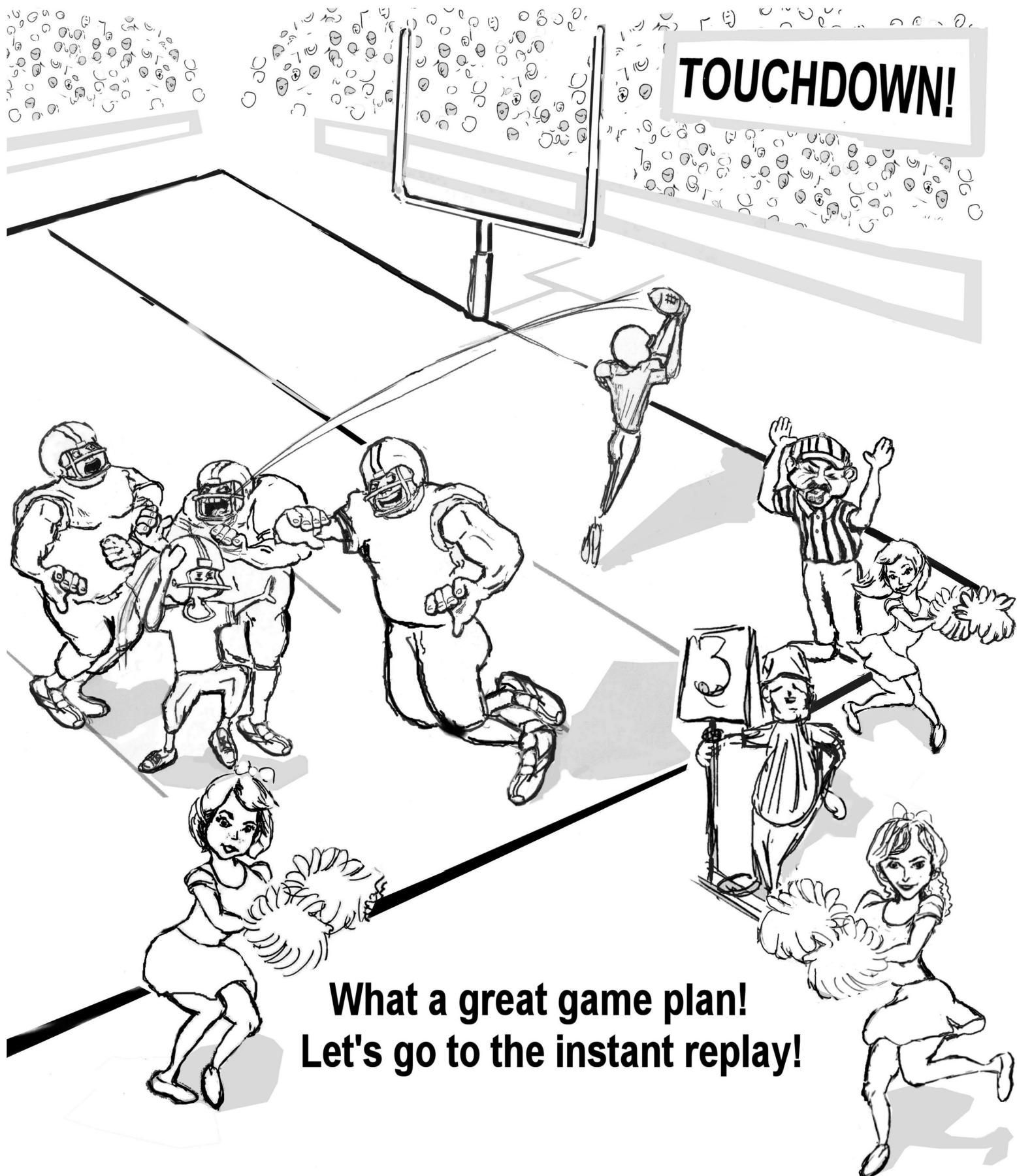


**Keep all medicines, prescriptions and your
doctor's contact information with you.**

**Hazards can occur any place,
anywhere, and at anytime!**



**Pay attention to what is happening around
you. Follow news and weather reports.**



**What a great game plan!
Let's go to the instant replay!**

INSTANT REPLAY!

- Follow news and weather reports.
- Lightning strikes cause power outages. Have portable TVs, radios, flashlights, and extra batteries.
- Keep important documents in sealed, waterproof bags.
- Fight the spread of germs.
- Keep food for your special dietary needs.
- Keep an up-to-date road map on hand.
- Have three days of food and water.
- Know the evacuation routes.
- Have a pet plan.
- Learn the location of evacuation shelters.
- Keep all medicines, prescriptions and your doctor's contact information with you.
- Practice your game plan with the whole family.
- There are many types of hazards that can affect your family, so go to GetaGamePlan.Org to learn more!

Remember, hazards can occur any place, anywhere and at anytime!



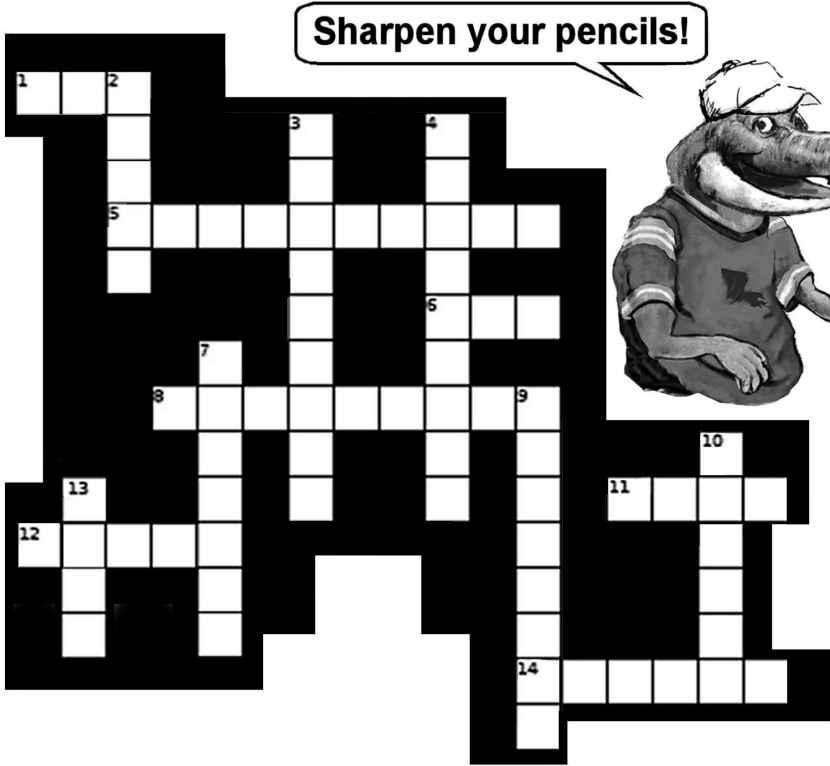
Get-a-Game Plan Review

Across

- 1 Your Game Plan should include a pet plan for your _____.
- 5 Lightning strikes can cause _____ outages.
- 6 Have an up-to-date road _____ on hand.
- 8 Take your prescriptions and all _____ when you evacuate.
- 11 Make sure your family has a Game _____.
- 12 The G.O.H.S.E.P. Get-a-Game-Plan mascot is a _____.
- 14 Know your evacuation _____.

Down

- 2 Remember to have _____ days of food and water on hand.
- 3 Have extra _____ for your portable radios and TVs.
- 4 Should you evacuate, take with you important _____.
- 7 Follow news and weather _____.
- 9 If you have to evacuate, state and local governments provide _____.
- 10 Storms are acts of _____.
- 13 Hurricanes bring strong wind and heavy _____.



... and the answers are



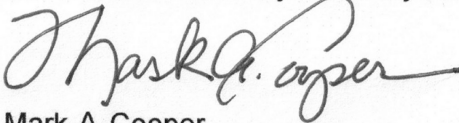
- ACROSS**
1. Your Game Plan should include a pet plan for your **PET**.
 5. Lightning strikes can result in **ELECTRICAL** outages.
 6. Keep an up-to-date road **MAP**.
 8. Take your prescriptions and all **MEDICINES** when you evacuate.
 11. Make sure your family has a Game **PLAN**.
 12. The G.O.H.S.E.P. Get-a-Game plan mascot is a **GATOR**.
 14. Know your evacuation **ROUTES**.
- DOWN**
2. Remember to have **THREE** days of food and water on hand.
 3. Have extra **BATTERIES** for your portable radios and TVs.
 4. Should you evacuate, take with you important **DOCUMENTS**.
 7. Follow news and weather **REPORTS**.
 9. If you have to evacuate, state and local governments provide **SHELTERS**.
 10. Storms are acts of **NATURE**.
 13. Hurricanes bring strong wind and heavy **RAIN**.

A MESSAGE FROM GOHSEP DIRECTOR MARK COOPER:

As a father of four, I know the importance of wanting to keep your family safe. I also understand the fears and insecurities children have when there is an emergency. I hope you found this activity book to be an educational tool for your young loved ones.

Please share this book each year with your children and learn together how to be prepared before a disaster strikes. We also encourage you to go to our website www.GetaGamePlan.org where you can find information on preparing your family for all hazards.

Get a Game Plan for your family today!



Mark A. Cooper
Director of GOHSEP

About the Author

Michael Verrett was born in Morgan City and grew up blocks away from sugar cane fields and the unhurried Bayou Teche. He is a retired police detective and army Lt. Colonel. His colorful careers include author/illustrator, police sketch artist and teacher. He's received numerous awards as an investigator, volunteer and soldier. Currently, he is the Chief Logistician for the Governor's Office of Homeland Security and Emergency Preparedness.

As an avid school volunteer, he received East Baton Rouge Parish Schools' Crystal Apple Award in 2003. He teaches art classes and periodically lectures at schools, libraries and area universities.

Verrett's children's books are available commercially and found in school libraries. His illustrations and professional writings are incorporated into army and FEMA instructional manuals.



M. Verrett 2009

Verrett is a veteran of Operation Iraqi Freedom and his many awards include the Bronze Star. His duties have taken him to Asia, Africa and the Pentagon. While overseas, he contributed the weekly cartoon strip *Army Life* and other illustrations to *The Desert Voice* magazine and was featured in *Stars & Stripes*.

He is married to Melissa Garbarino Verrett and has three sons. He resides in Denham Springs, Louisiana where he continues to write and illustrate children's books. He is a member of the Arts Council of Livingston Parish and teaches Sunday School at Christ's Community Church of Denham Springs.

Kris Gregoire of GOHSEP assisted in creating the crossword puzzle and Find-a-Word.

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POST EMERGENCY NUMBERS BY THE PHONE

All Emergencies

Dial 911

Local Emergency Numbers

Police _____

Fire _____

Medical _____

Non-Emergencies

United Way

Dial 211

Local American Red Cross _____

Parents

- Be aware that your child's school may close due to an emergency.
- Check with your child's school for its crisis plan.
- Discuss/determine possible rallying points should the school mandate an evacuation.
- Throughout the year, review and update phone numbers and contact information.
- Gather information on alternative routes to the school and the location of the nearest medical facility, along with fire and law enforcement agencies.
- Identify out-of-state/out-of-area contacts (family and friends) to provide updates on your family's well-being.
- Share contact information (phone numbers, email addresses, etc.) with local and out-of-area family/friends.
- Prepare an evacuation plan – your family's "game plan".

For more information on preparing for ALL hazards, please visit:

www.getagameplan.org

www.gohsep.la.gov